



## 10 WAYS YOU CAN HELP ELECT BARACK OBAMA OUR NEXT PRESIDENT!

No matter how busy we are, we can all help Barack win by using these simple ideas and easy to reach goals.

1. **WEAR your Barack Obama pin wherever you are:** You are an ambassador for Barack wherever you go – wear your pin to strike up conversation in line at the grocery store, the gas station or anywhere.
2. **RECRUIT 10 undecided Seniors you know to vote for Senator Obama:** Email or call them each week to follow up with them through the election on Nov. 4<sup>th</sup> and make sure they vote!
3. **REGISTER 5 family members, friends or fellow seniors you know to vote:** Make sure everyone for Obama can cast a ballot on November 4<sup>th</sup>! For more information on registering to vote in your state, go to: <http://my.barackobama.com/voteforchange>
4. **JOIN Seniors for Obama and get updates from the campaign:** Go to <http://seniors.barackobama.com> to sign up.
5. **VOLUNTEER at your local office:** Visit your local field office and bring at least one friend along with you to volunteer. Make calls, canvass, and write postcards to undecided Seniors! To find your local field office, go to <http://my.barackobama.com/statepages>
6. **Spread the Word about Barack Obama:** Tell others in your community why you support Barack Obama for President. To submit a letter online to your contacts at: <http://my.barackobama.com/page/invite/seniorsinvite>
7. **EXPLORE AND JOIN MyBO groups and communicate with other Seniors with similar backgrounds:** Are you a Senior for Obama? The “MyBO” social networking tools allow you to create or join groups of Seniors across the country with similar backgrounds. Go to: [www.my.barackobama.com](http://www.my.barackobama.com) for more information.
8. **HOST A HOUSE PARTY:** Senior-to-Senior communications on behalf of Barack is critical to growing support across the country. Invite supporters and undecided Seniors to gather at your home and talk about what’s at stake in this election. To organize a House party, visit the *Grassroots Organizing Guide*: <http://my.barackobama.com/actionguide> **...or a PHONE BANK party:** Get a group of friends together to reach undecided Seniors, or make calls on your own. Go to the *Grassroots Organizing* link above to learn more about how to host a phonebank.
9. **TRAVEL to a BATTLEGROUND state:** Spend a weekend or two – over even a week or more if you can to help us reach seniors in these key states! For more information, watch your Seniors for Obama emails or email [seniors@barackobama.com](mailto:seniors@barackobama.com).
10. **DON'T FORGET: MARK YOUR CALENDAR AND VOTE FOR BARACK OBAMA ON NOVEMBER 4<sup>TH</sup>!**

### *Did you know that John McCain...*

- ✓ Supports Social Security Privatization “Along The Lines” Of The Bush Plan And Campaigned With Bush To Help Sell His Privatization Plan.
- ✓ Supported Raising The Eligibility Age For Medicare.
- ✓ Voted To Cut Medicare Funding And Opposed Legislation To Block Bush’s 10.6 Percent Cut In Medicare Payments To Physicians.
- ✓ Opposed Tax Credits To Help Seniors And Their Caregivers Pay For Long-Term Care.
- ✓ Has Repeatedly Voted Against Increases In LIHEAP.
- ✓ Repeatedly Voted Against Increases For Veterans Programs.

*For more information on these and other issues, visit our website at:*

*[seniors.barackobama.com](http://seniors.barackobama.com)*

Help us recruit and educate seniors across the country! Visit us at [seniors.barackobama.com](http://seniors.barackobama.com)